

## Mental Illness and “Shutter Island”

One of the themes of this course has been mental health. We’ve studied mental illness and psychological disorders in detail. We’ve examined theories, case studies and heard from guest speakers.

Using the insight and knowledge you’ve gained from the course, **evaluate** the depiction of mental illness in the film Shutter Island. Use specific examples from the movie to make your case.

### Questions you may want to explore in your assignment

*Is mental illness represented fairly and accurately throughout the film ?*

*Are some characters’ psychological problems represented more accurately than others’ ?*

*Does the film help or hinder the efforts of clients and caregivers within the mental health system regarding reducing the stigma surrounding mental illness ?*

*Does the film’s depiction of mental illness help one understand it better ?*

*Is the film easily understandable or confusing when it comes to presenting mental illness ?*

*Should the film be shown in a high school social science class ?*

Format informal

Length approx. 1 page (250 words)